








# SOMERSET SCHOOL DISTRICT SECONDARY LUNCH MENU FEBRUARY 2012

[View your Students Account On-line at www.sasd.us](http://www.sasd.us)

## Lunch Prices

Student Paid           \$1.50  
Student Reduced       \$0.40  
Adult                     \$2.90

|   | Monday | Tuesday | Wednesday<br>2/1   | Thursday<br>2/2   | Friday<br>2/3   |
|---|--------|---------|--|---|---|
|    |        |         | HAM BBQ SANDWICH<br>ON HARD ROLL<br><br>OVEN BAKED TATER<br>TOTS<br><br>CINNAMON APPLE<br>SLICES | NACHOS GRANDE<br>WITH CHEESE<br><br>VARIOUS TOPPING<br><br>SLICED PEARS | FRENCH BREAD PIZZA<br><br>TOSSED SALAD<br><br>MANDARIN ORANGE<br>PIECES |
|    |        |         | CHICKEN SALAD<br>HOAGIE WITH BACON   | BLUE CHEESE AND<br>ROAST BEEF WRAP                                      | EGG SALAD<br>CROISSANT  |
| <b>Market St. Deli offerings may include: Daily Feature and Made to Order Sandwiches including: Turkey, Ham, American, Swiss, Provolone, Tuna Salad, Breads, Rolls, Wraps and much more...</b>                                  |        |         |  |   |   |
|    |        |         | BUFFALO CHICKEN<br>CHEESESTEAK   | NACHOS GRANDE<br>WITH CHEESE  | CRISPY CHICKEN<br>WRAP  |
| <b>Bravo offers a weekly rotating selection of ethnic and popular foods, such as Mexican, Chinese, Italian, Soups and Chili's, Baked Potatoes, Noodle or Rice Bars, Salads and much more.....</b>                               |        |         |  |   |   |
|   |        |         | REUBEN PIZZA<br><br>CHEESE   | PEPPERONI<br><br>BBQ CHICKEN  | STUFFED BREAD<br>STICKS<br><br>MARINARA SAUCE                           |
|   |        |         | SPRING MIX<br>STEAK SALAD  | CHICKEN CAESAR<br>TUNA FISH SALAD                                       | CHOPPED GARDEN<br>CHICKEN SALAD   |
| <b>Green Scene offerings may include: Salad Mix, Tomatoes, Cucumbers, Croutons, Cheese, Broccoli, Cauliflower, Chopped Eggs, Chickpeas, Peppers, Onions, Carrots, Beets, Diced Meat, Green Peas and Salad Dressings</b>         |        |         |  |   |   |
|   |        |         | CHICKEN PATTY ON A<br>BUN  | HAM & CHEESE WRAP   | BACON<br>CHEESEBURGER   |
| <b>J. Clark's Grille offerings may include: Hot Dog, Hamburgers, Cheese Burgers, Chicken Patty Sandwich, Grilled Chicken Sandwich, Chicken Fritters, Popcorn Chicken, Cheese Steak, Spicy Chicken Sandwich and much more...</b> |        |         |  |   |   |
|   |        |         | FRESH EGG SALAD  | ROAST BEEF & SWISS  | TURKEY AND SWISS<br>WRAP  |

### What is a School Meal?

Choose at least 3 of 5 items from the following: Entrée, Choice of two fruits and/or Vegetables, choice of bread and choice of Milk.

Milk Choices:  
1% White, Low fat Chocolate and Non Fat Milk

Vegetable Choices May Include:  
Carrot & Celery Sticks, Broccoli, Cucumbers, Tossed Salad, Potato Salad, Cole Slaw, and much more....

Fruit Choices May Include:  
Apples, Oranges, Bananas, Peaches, Applesauce, Pineapple, Fruit Cocktail, Fruited Gelatin, Fruit Juice, and much more...










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|-----------------|--------|
| Student Paid    | \$1.50 |
| Student Reduced | \$0.40 |
| Adult           | \$2.90 |

|   | Monday<br>2/6  | Tuesday<br>2/7   | Wednesday<br>2/8  | Thursday<br>2/9   | Friday<br>2/10  |
|---|--|--|---|---|---|
|    | GENERAL TSO'S<br>CHICKEN WITH RICE<br>ORIENTAL<br>VEGETABLES<br>PEACH SLICES | CHICKEN & CHEESE<br>QUESADILLA<br>SEASONED BAKED<br>FRIES<br>PINEAPPLE TIDBITS | POPCORN CHICKEN<br>WITH A ROLL<br>SEASONED NOODLES<br>STRAWBERRY SLICES | PASTA W/ MEATBALLS<br>& BREADSTICK<br>GARDEN SALAD<br>APPLE COBBLER | PEPPERONI AND<br>CHEESE STROMBOLI<br>MARINARA SAUCE<br>APPLESAUCE |
|    | ITALIAN HOAGIE   | TURKEY CLUB<br>SANDWICH  | CHICKEN SALAD ON<br>12 GRAIN BREAD                                      | ROAST BEEF AND<br>SWISS WRAP  | EGG SALAD FLAT<br>BREAD   |
| <b>Market St. Deli offerings may include: Daily Feature and Made to Order Sandwiches including: Turkey, Ham, American, Swiss, Provolone, Tuna Salad, Breads, Rolls, Wraps and much more...</b>                                  |  |  |   |   |   |
|   | BUFFALO CHICKEN<br>SANDWICH  | SOUTHWEST CHICKEN<br>AND RICEBOWL  | POPCORN CHICKEN<br>WITH A ROLL  | BAKED POTAO BAR   | GRILLED CHICKEN<br>WRAP   |
| <b>Bravo offers a weekly rotating selection of ethnic and popular foods, such as Mexican, Chinese, Italian, Soups and Chili's, Baked Potatoes, Noodle or Rice Bars, Salads and much more.....</b>                               |  |  |   |   |   |
|    | PLAIN<br>PEPPERONI   | BUFFALO CHICKEN<br>PEPPERONI   | PEPPERONI PIZZA<br>CHEESE   | CHEESE<br>BBQ CHICKEN   | STUFFED BREAD<br>STICKS<br>MARINARA SAUCE                         |
|    | CHOPPED GARDEN<br>CRISPY CHICKEN   | ROMAINE GARDEN<br>DICED CHICKEN  | SPRING MIX<br>STEAK SALAD   | CHICKEN CAESAR<br>TUNA FISH SALAD                                   | CHOPPED ROMAINE<br>CHICKEN SALAD                                  |
| <b>Green Scene offerings may include: Salad Mix, Tomatoes, Cucumbers, Croutons, Cheese, Broccoli, Cauliflower, Chopped Eggs, Chickpeas, Peppers, Onions, Carrots, Beets, Diced Meat, Green Peas and Salad Dressings</b>         |  |  |   |   |   |
|    | BBQ RIB SANDWICH ON<br>A BUN   | HAMBURGER ON A<br>BUN  | ITALIAN WRAP  | CHICKEN NUGGETS   | SPICY CHICKEN   |
| <b>J. Clark's Grille offerings may include: Hot Dog, Hamburgers, Cheese Burgers, Chicken Patty Sandwich, Grilled Chicken Sandwich, Chicken Fritters, Popcorn Chicken, Cheese Steak, Spicy Chicken Sandwich and much more...</b> |  |  |   |   |   |
|    | AMERICAN HOAGIE  | CHICKEN SANDWICH<br>WITH HAM AND SWISS   | FRESH CHICKEN<br>SALAD ON A PITA  | ITALIAN WRAP  | TURKEY AND SWISS<br>WRAP  |
| <b>Up For Grabs features daily offerings such as: Salads, Wraps, Sandwiches and Hoagies, Parfaits, Fruits, Vegetables, Bottled Water, Sport Drinks, Juices, Bagged Snacks, etc.</b>   |  |  |   |   |   |

## What is a School Meal?

Choose at least 3 of 5 items from the following: Entrée, Choice of two fruits and/or Vegetables, choice of bread and choice of Milk.

Milk Choices:  
1% White, Low fat  
Chocolate and Non Fat Milk

Vegetable Choices May  
Include:  
Carrot & Celery Sticks,  
Broccoli, Cucumbers,  
Tossed Salad, Potato  
Salad, Cole Slaw, and  
much more....

Fruit Choices May Include:  
Apples, Oranges, Bananas,  
Peaches, Applesauce,  
Pineapple, Fruit Cocktail,  
Fruited Gelatin, Fruit Juice,  
and much more...










# SOMERSET SCHOOL DISTRICT SECONDARY LUNCH MENU FEBRUARY 2012

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## Lunch Prices

|                 |        |
|-----------------|--------|
| Student Paid    | \$1.50 |
| Student Reduced | \$0.40 |
| Adult           | \$2.90 |

|   | Monday<br>2/13  | Tuesday<br>2/14  | Wednesday<br>2/15   | Thursday<br>2/16  | Friday<br>2/17  |
|---|---|--|---|---|---|
|    | SOFT SHELL TACO W/<br>CHEESE & LETTUCE<br><br>MIXED VEGETABLES<br><br>MIXED FRUIT | HOT TURKEY<br>SANDWICH<br><br>WHIPPED POTATOES<br><br>PEACH SLICES | CHICKEN NOODLE<br>SOUP W/ TURKEY<br>WRAP<br><br>STEAMED BROCCOLI<br><br>PEAR SLICES | ITALIAN MEATBALL<br>HOAGIE<br><br>BAKED FRIES<br><br>CINNAMON APPLE<br>SLICES | CHEESE PIZZA<br><br>GARDEN SALAD<br><br>MANDARIN ORANGE<br>PIECES |
|    | TURKEY CLUB<br>SANDWICH   | ITALIAN HOAGIE   | CHICKEN SALAD ON<br>12 GRAIN BREAD  | ROAST BEEF AND<br>SWISS WRAP  | EGG SALAD FLAT<br>BREAD   |
| <b>Market St. Deli offerings may include: Daily Feature and Made to Order Sandwiches including: Turkey, Ham, American, Swiss, Provolone, Tuna Salad, Breads, Rolls, Wraps and much more...</b>                                  |   |  |   |   |   |
|   | BUFFALO CHICKEN<br>SANDWICH   | FAJITA BAR   | BUFFALO CHICKEN<br>CHEESESTEAK  | PIEROGIE BAR  | CHICKEN CAESAR<br>WRAP  |
| <b>Bravo offers a weekly rotating selection of ethnic and popular foods, such as Mexican, Chinese, Italian, Soups and Chili's, Baked Potatoes, Noodle or Rice Bars, Salads and much more.....</b>                               |   |  |   |   |   |
|    | CHEESE<br><br>PEPPERONI   | BUFFALO CHICKEN<br><br>PEPPERONI                                   | MEAT LOVERS<br><br>CHEESE   | PEPPERONI<br><br>BBQ CHICKEN  | STUFFED BREAD<br>STICKS<br><br>MARINARA SAUCE                     |
|    | TOSSED GARDEN<br>GRILLED CHICKEN  | ROMAINE GARDEN<br>DICED CHICKEN                                    | SPRING MIX<br>STEAK SALAD   | CHICKEN CAESAR<br>TUNA FISH SALAD   | CHOPPED GARDEN<br>CHICKEN SALAD                                   |
| <b>Green Scene offerings may include: Salad Mix, Tomatoes, Cucumbers, Croutons, Cheese, Broccoli, Cauliflower, Chopped Eggs, Chickpeas, Peppers, Onions, Carrots, Beets, Diced Meat, Green Peas and Salad Dressings</b>         |   |  |   |   |   |
|    | CHICKEN TENDERS<br>WITH A ROLL  | PHILLY STEAK HOAGIE  | BUFFALO CHICKEN<br>WRAP   | CHICKEN PATTY ON A<br>BUN   | MEATBALL HOAGIE   |
| <b>J. Clark's Grille offerings may include: Hot Dog, Hamburgers, Cheese Burgers, Chicken Patty Sandwich, Grilled Chicken Sandwich, Chicken Fritters, Popcorn Chicken, Cheese Steak, Spicy Chicken Sandwich and much more...</b> |   |  |   |   |   |
|    | AMERICAN HOAGIE   | CHICKEN SANDWICH<br>WITH HAM AND SWISS                             | HAM SALAD ON A PITA   | ROAST BEEF & SWISS<br>JALAPENO WRAP   | TURKEY AND SWISS<br>WRAP  |
| <b>Up For Grabs features daily offerings such as: Salads, Wraps, Sandwiches and Hoagies, Parfaits, Fruits, Vegetables, Bottled Water, Sport Drinks, Juices, Bagged Snacks, etc.</b>   |   |  |   |   |   |

## What is a School Meal?

Choose at least 3 of 5 items from the following: Entrée, Choice of two fruits and/or Vegetables, choice of bread and choice of Milk.

Milk Choices:  
1% White, Low fat  
Chocolate and Non Fat Milk

Vegetable Choices May  
Include:  
Carrot & Celery Sticks,  
Broccoli, Cucumbers,  
Tossed Salad, Potato  
Salad, Cole Slaw, and  
much more....

Fruit Choices May Include:  
Apples, Oranges, Bananas,  
Peaches, Applesauce,  
Pineapple, Fruit Cocktail,  
Fruited Gelatin, Fruit Juice,  
and much more...










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|-----------------|--------|
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| Adult           | \$2.90 |

|  | Monday<br>2/20        | Tuesday<br>2/21  | Wednesday<br>2/22  | Thursday<br>2/23  | Friday<br>2/24                                       |
|--|-----------------------|--|--|---|--|
|   | SCHOOLS<br><br>CLOSED | NACHOS GRANDE WITH CHEESE<br><br>VARIOUS TOPPINGS<br><br>PINEAPPLE TIDBITS | TOASTED CHEESE SANDWICH<br><br>TOMATO SOUP<br><br>MANDARIN ORANGE SEGMENTS | BUFFALO CHICKEN DIP W/ PITA WEDGES<br><br>BAKED FRIES<br><br>BANANA | CHEESE PIZZA<br><br>GREEN BEANS<br><br>ORANGE WEDGES |
|   |                       | TURKEY CLUB SANDWICH   | CHICKEN SALAD CROISSANT  | HAM & CHEESE WRAP   | EGG SALAD FLAT BREAD                                 |
| Market St. Deli offerings may include: Daily Feature and Made to Order Sandwiches including: Turkey, Ham, American, Swiss, Provolone, Tuna Salad, Breads, Rolls, Wraps and much more...                          |                       |  |  |   |  |
|    |                       | NACHOS GRANDE WITH CHEESE  | BUFFALO CHICKEN CHEESESTEAK  | EAGLE BOWL  | TUNA MELT  |
| Bravo offers a weekly rotating selection of ethnic and popular foods, such as Mexican, Chinese, Italian, Soups and Chili's, Baked Potatoes, Noodle or Rice Bars, Salads and much more.....                       |                       |  |  |   |  |
|   |                       | CHEESE<br><br>BUFFALO CHICKEN  | WHITE PIZZA<br><br>PEPPERONI   | CHEESE<br><br>BBQ CHICKEN   | STUFFED BREAD STICKS<br><br>MARINARA SAUCE           |
|   |                       | ROMAINE CAESAR<br><br>DICED CHICKEN  | SPRING MIX<br><br>STEAK SALAD  | CHICKEN SALAD<br><br>TUNA FISH SALAD                                | CHOPPED ROMAINE<br><br>CHICKEN SALAD                 |
| Green Scene offerings may include: Salad Mix, Tomatoes, Cucumbers, Croutons, Cheese, Broccoli, Cauliflower, Chopped Eggs, Chickpeas, Peppers, Onions, Carrots, Beets, Diced Meat, Green Peas and Salad Dressings |                       |  |  |   |  |
|   |                       | HOT HAM & CHEESE ON A PRETZEL BUN  | FISH SANDWICH W/ TARTAR SAUCE  | GRILLED TURKEY HOT DOG ON A BUN                                     | FISH & FRY BOAT                                      |
|   |                       | CHICKEN SANDWICH WITH HAM AND SWISS  | EGG SALAD ON A PITA  | ROAST BEEF AND SWISS  | TURKEY & SWISS WRAP                                  |
| Up For Grabs features daily offerings such as: Salads, Wraps, Sandwiches and Hoagies, Parfaits, Fruits, Vegetables, Bottled Water, Sport Drinks, Juices, Bagged Snacks, etc.                                     |                       |  |  |   |  |

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Carrot & Celery Sticks, Broccoli, Cucumbers, Tossed Salad, Potato Salad, Cole Slaw, and much more....

Fruit Choices May Include:  
Apples, Oranges, Bananas, Peaches, Applesauce, Pineapple, Fruit Cocktail, Fruited Gelatin, Fruit Juice, and much more...










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| Adult           | \$2.90 |

|   | Monday<br>2/27  | Tuesday<br>2/28   | Wednesday<br>2/29  | Thursday<br>3/1   | Friday<br>3/2   |
|---|---|---|--|---|---|
|    | TEXAS FRENCH TOAST<br>W/ HAM<br><br>OVEN BAKED TRI-<br>POTATO<br><br>SLICED PEARS   | ROTINI ALFREDO WITH<br>BREADSTICK<br><br>TOSSED SALAD<br><br>PEACH SLICES | PULLED BBQ PORK<br>SANDWICH<br><br>CURLY BAKED FRIES<br><br>CINNAMON APPLE<br>SLICES | NACHOS GRANDE<br>WITH CHEESE<br><br>VARIOUS TOPPINGS<br><br>MIXED FRUIT | CHEESE PIZZA<br><br>TOSSED SALAD<br><br>MANDARIN ORANGE<br>PIECES |
|    | ITALIAN HOAGIE  | TURKEY CLUB<br>SANDWICH   | CHICKEN SALAD<br>WRAP  | ROAST BEEF & SWISS<br>WRAP  | EGG SALAD<br>CROISSANT  |
|   | <b>Market St. Deli offerings may include: Daily Feature and Made to Order Sandwiches including: Turkey, Ham, American, Swiss, Provolone, Tuna Salad, Breads, Rolls, Wraps and much more...</b>                                  |   |  |   |   |
|   | BUFFALO CHICKEN<br>SANDWICH   | FAJITA BAR  | BUFFALO CHICKEN<br>CHEESESTEAK   | NACHOS GRANDE<br>WITH CHEESE  | CHICKEN CAESAR<br>WRAP  |
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|  | CHEESE<br><br>PEPPERONI   | BUFFALO CHICKEN<br><br>PEPPERONI  | CHEESE<br><br>MEATLOVERS   | PEPPERONI<br><br>BBQ CHICKEN  | STUFFED BREAD<br>STICKS<br><br>MARINARA SAUCE                     |
|  | GARDEN TOSSED<br>DICED HAM  | ROMAINE SALAD<br>DICED CHICKEN  | SPRING MIX<br>STEAK SALAD  | CHICKEN CAESAR<br>TUNA FISH SALAD                                       | CHOPPED GARDEN<br>CHICKEN SALAD                                   |
|   | <b>Green Scene offerings may include: Salad Mix, Tomatoes, Cucumbers, Croutons, Cheese, Broccoli, Cauliflower, Chopped Eggs, Chickpeas, Peppers, Onions, Carrots, Beets, Diced Meat, Green Peas and Salad Dressings</b>         |   |  |   |   |
|  | HAMBURGER ON A BUN  | HOT ITALIAN HOAGIE  | CHICKEN PATTY ON A<br>BUN  | HAM & CHEESE WRAP   | FISH SANDWICH W/<br>TARTAR SAUCE                                  |
|   | <b>J. Clark's Grille offerings may include: Hot Dog, Hamburgers, Cheese Burgers, Chicken Patty Sandwich, Grilled Chicken Sandwich, Chicken Fritters, Popcorn Chicken, Cheese Steak, Spicy Chicken Sandwich and much more...</b> |   |  |   |   |
|  | AMERICAN HOAGIE   | CHICKEN SANDWICH<br>WITH HAM AND SWISS                                    | EGG SALAD ON A PITA  | BUFFALO CHICKEN<br>WRAP   | TURKEY AND SWISS<br>ON RYE  |
|   | <b>Up For Grabs features daily offerings such as: Salads, Wraps, Sandwiches and Hoagies, Parfaits, Fruits, Vegetables, Bottled Water, Sport Drinks, Juices, Bagged Snacks, etc.</b>   |   |  |   |   |

## What is a School Meal?

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Vegetable Choices May  
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Carrot & Celery Sticks,  
Broccoli, Cucumbers,  
Tossed Salad, Potato  
Salad, Cole Slaw, and much  
more....

Fruit Choices May Include:  
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Peaches, Applesauce,  
Pineapple, Fruit Cocktail,  
Fruited Gelatin, Fruit Juice,  
and much more...

