



# SOMEREST SCHOOL DISTRICT SECONDARY LUNCH MENU MARCH 2012

View your Students Account On-line at [www.sasd.us](http://www.sasd.us)

### Lunch Prices

Student Paid	\$1.50
Student Reduced	\$0.40
Adult	\$2.90

	Monday	Tuesday	Wednesday	Thursday 3/1	Friday 3/2
				NACHOS GRANDE WITH CHEESE  VARIOUS TOPPING  MANDARIN ORANGE PIECES	FRENCH BREAD PIZZA  GARDEN SALAD  MANDARIN ORANGE PIECES
				ROAST BEEF & SWISS	EGG SALAD CROISSANT
<b>Market St. Deli offerings may include: Daily Feature and Made to Order Sandwiches including: Turkey, Ham, American, Swiss, Provolone, Tuna Salad, Breads, Rolls, Wraps and much more...</b>					
				NACHOS GRANDE WITH CHEESE	DICED CHICKEN WRAP
<b>Bravo offers a weekly rotating selection of ethnic and popular foods, such as Mexican, Chinese, Italian, Soups and Chili's, Baked Potatoes, Noodle or Rice Bars, Salads and much more.....</b>					
				PEPPERONI  BBQ CHICKEN	STUFFED BREAD STICKS  MARINARA SAUCE
				CHICKEN CAESAR  TUNA FISH SALAD	CHOPPED GARDEN  CHICKEN SALAD
<b>Green Scene offerings may include: Salad Mix, Tomatoes, Cucumbers, Croutons, Cheese, Broccoli, Cauliflower, Chopped Eggs, Chickpeas, Peppers, Onions, Carrots, Beets, Diced Meat, Green Peas and Salad Dressings</b>					
				HAM & CHEESE WRAP	FISH SANDWICH WITH TARTAR SAUCE
<b>J. Clark's Grille offerings may include: Hot Dog, Hamburgers, Cheese Burgers, Chicken Patty Sandwich, Grilled Chicken Sandwich, Chicken Fritters, Popcorn Chicken, Cheese Steak, Spicy Chicken Sandwich and much more...</b>					
				BUFFALO CHICKEN WRAP	TURKEY AND SWISS WRAP
<b>Up For Grabs features daily offerings such as: Salads, Wraps, Sandwiches and Hoagies, Parfaits, Fruits, Vegetables, Bottled Water, Sport Drinks, Juices, Bagged Snacks, etc.</b>					

### What is a School Meal?

Choose at least 3 of 5 items from the following: Entrée, Choice of two fruits and/or Vegetables, choice of bread and choice of Milk.

**Milk Choices:**  
1% White, Low fat Chocolate, Strawberry and Non Fat Milk

**Vegetable Choices May Include:**  
Carrot & Celery Sticks, Broccoli, Cucumbers, Tossed Salad, Potato Salad, Cole Slaw, and much more....

**Fruit Choices May Include:**  
Apples, Oranges, Bananas, Peaches, Applesauce, Pineapple, Fruit Cocktail, Fruited Gelatin, Fruit Juice, and much more...





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	Monday 3/5	Tuesday 3/6	Wednesday 3/7	Thursday 3/8	Friday 3/9
	GENERAL TSO'S CHICKEN WITH RICE  STEAMED CARROTS  PEACH SLICES	TURKEY & CHEESE QUESADILLA  OVEN BAKED FRIES  PINEAPPLE TIDBITS	POPCORN CHICKEN WITH A ROLL  STEAMED SWEET PEAS  STRAWBERRY SLICES	PASTA WITH MEATBALLS & <del>VEGETABLES</del>  GARDEN SALAD  APPLE COBBLER	PEPPERONI PIZZA  GREEN BEANS  BANANA
	TURKEY CLUB SANDWICH	ITALIAN HOAGIE	FRESH CHICKEN SALAD	ROAST BEEF & SWISS JALAPENO WRAP	EGG SALAD CROISSANT
<b>Market St. Deli offerings may include: Daily Feature and Made to Order Sandwiches including: Turkey, Ham, American, Swiss, Provolone, Tuna Salad, Breads, Rolls, Wraps and much more...</b>					
	BUFFALO CHICKEN SANDWICH	PASTA BAR	BUFFALO CHICKEN CHEESESTEAK	FAJITA BAR	CHICKEN AND CHEDDAR WRAP
<b>Bravo offers a weekly rotating selection of ethnic and popular foods, such as Mexican, Chinese, Italian, Soups and Chili's, Baked Potatoes, Noodle or Rice Bars, Salads and much more.....</b>					
	CHEESE  PEPPERONI	BUFFALO CHICKEN  PEPPERONI	PEPPERONI  TACO	PEPPERONI  BBQ CHICKEN	STUFFED BREAD STICKS  MARINARA SAUCE
	TOSSED  GRILLED CHICKEN	GREEK SALAD  DICED CHICKEN	SPRING MIX  SPICY ITALIAN	CRANBERRY SPINACH  TUNA FISH SALAD	CHOPPED GARDEN  CHICKEN SALAD
<b>Green Scene offerings may include: Salad Mix, Tomatoes, Cucumbers, Croutons, Cheese, Broccoli, Cauliflower, Chopped Eggs, Chickpeas, Peppers, Onions, Carrots, Beets, Diced Meat, Green Peas and Salad Dressings</b>					
	BBQ RIB SANDWICH ON A BUN	HAMBURGER ON A BUN	ITALIAN WRAP	TURKEY & CHEESE HOAGIE	TUNA MELT
<b>J. Clark's Grille offerings may include: Hot Dog, Hamburgers, Cheese Burgers, Chicken Patty Sandwich, Grilled Chicken Sandwich, Chicken Fritters, Popcorn Chicken, Cheese Steak, Spicy Chicken Sandwich and much more...</b>					
	AMERICAN HOAGIE	CHICKEN SANDWICH WITH HAM AND SWISS	HAM SALAD ON A PITA	ROAST BEEF & SWISS JALAPENO WRAP	TURKEY AND SWISS WRAP
<b>Up For Grabs features daily offerings such as: Salads, Wraps, Sandwiches and Hoagies, Parfaits, Fruits, Vegetables, Bottled Water, Sport Drinks, Juices, Bagged Snacks, etc.</b>					

### What is a School Meal?

Choose at least 3 of 5 items from the following: Entrée, Choice of two fruits and/or Vegetables, choice of bread and choice of Milk.

Milk Choices:  
1% White, Low fat Chocolate, Strawberry and Non Fat Milk

Vegetable Choices May Include:  
Carrot & Celery Sticks, Broccoli, Cucumbers, Tossed Salad, Potato Salad, Cole Slaw, and much more....

Fruit Choices May Include:  
Apples, Oranges, Bananas, Peaches, Applesauce, Pineapple, Fruit Cocktail, Fruited Gelatin, Fruit Juice, and much more...





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Adult	\$2.90

	Monday 3/12	Tuesday 3/13	Wednesday 03/14 <b>PI DAY</b>	Thursday 3/15	Friday 3/16 - <b>GO FOR THE GREENS</b>
	SOFT SHELL TACO W/ CHEESE & LETTUCE  MIXED VEGETABLES  MIXED FRUIT	HOT TURKEY SANDWICH  WHIPPED POTATOES  PEACH SLICES	CHICKEN NOODLE SOUP & ITALIAN GRILLED CHEESE  STEAMED BROCCOLI  PEAR SLICES	ITALIAN MEATBALL HOAGIE  SEASONED BAKED FRIES  CINNAMON APPLE SLICES	CHEESE PIZZA  GREEN BEANS  PINEAPPLE
	TURKEY CLUB SANDWICH	ITALIAN HOAGIE	CHICKEN SALAD WRAP	ROAST BEEF & SWISS WRAP	EGG SALAD CROISSANT
<b>Market St. Deli offerings may include: Daily Feature and Made to Order Sandwiches including: Turkey, Ham, American, Swiss, Provolone, Tuna Salad, Breads, Rolls, Wraps and much more...</b>					
	BUFFALO CHICKEN SANDWICH	PIEROGIE BAR	BEEF & BEAN BURRITTO	TACO BAR	CHICKEN CHEDDAR WRAP
<b>Bravo offers a weekly rotating selection of ethnic and popular foods, such as Mexican, Chinese, Italian, Soups and Chili's, Baked Potatoes, Noodle or Rice Bars, Salads and much more.....</b>					
	PLAIN  PEPPERONI	BUFFALO CHICKEN  CHEESE	WHITE  PEPPERONI	CHEESE  BBQ CHICKEN	STUFFED BREAD STICKS  MARINARA SAUCE
	CHOPPED GARDEN  TROPICAL CHICKEN	GREEK SALAD  CRISPY CHICKEN	SPRING MIX  STEAK SALAD	SPICY ITALIAN  TUNA FISH SALAD	ROMAINE  CHICKEN SALAD
<b>Green Scene offerings may include: Salad Mix, Tomatoes, Cucumbers, Croutons, Cheese, Broccoli, Cauliflower, Chopped Eggs, Chickpeas, Peppers, Onions, Carrots, Beets, Diced Meat, Green Peas and Salad Dressings</b>					
	CHICKEN TENDERS WITH A ROLL	ITALIAN WRAP	PHILLY STEAK HOAGIE	CHICKEN PATTY ON A BUN	FISH NUGGETS
<b>J. Clark's Grille offerings may include: Hot Dog, Hamburgers, Cheese Burgers, Chicken Patty Sandwich, Grilled Chicken Sandwich, Chicken Fritters, Popcorn Chicken, Cheese Steak, Spicy Chicken Sandwich and much more...</b>					
	AMERICAN HOAGIE	TURKEY SANDWICH WITH HAM AND SWISS	FRESH TUNA SALAD ON A PITA	CHICKEN SALAD WRAP	TURKEY AND SWISS WRAP ON JALAPENO TORTILLA
<b>Up For Grabs features daily offerings such as: Salads, Wraps, Sandwiches and Hoagies, Parfaits, Fruits, Vegetables, Bottled Water, Sport Drinks, Juices, Bagged Snacks, etc.</b>					

### What is a School Meal?

Choose at least 3 of 5 items from the following: Entrée, Choice of two fruits and/or Vegetables, choice of bread and choice of Milk.

**Milk Choices:**  
1% White, Low fat  
Chocolate or Strawberry  
and Non Fat Milk

**Vegetable Choices May Include:**  
Carrot & Celery Sticks,  
Broccoli, Cucumbers,  
Tossed Salad, Potato  
Salad, Cole Slaw, and  
much more....

**Fruit Choices May Include:**  
Apples, Oranges, Bananas,  
Peaches, Applesauce,  
Pineapple, Fruit Cocktail,  
Fruited Gelatin, Fruit Juice,  
and much more...





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	Monday 3/19	Tuesday 3/20	Wednesday 3/21	Thursday 3/22	Friday 3/23
	CHICKEN NUGGETS WITH A ROLL SEASONED NOODLES APPLESAUCE	PASTA ALFREDO W/ BREADSTICK TOSSED SALAD PINEAPPLE TIDBITS	PANCAKES WITH TURKEY SAUSAGE OVEN BAKED TATER TOTS PEACH COBBLER	CHEESEBURGER ON A BUN BAKED FRIES BANANA	CHEESE & PEPPERONI STROMBOLI ORANGE GLAZED CARROTS ORANGE WEDGES
	TURKEY CLUB SANDWICH	ITALIAN HOAGIE	CHICKEN SALAD	HAM & CHEESE WRAP	EGG SALAD CROISSANT
<b>Market St. Deli offerings may include: Daily Feature and Made to Order Sandwiches including: Turkey, Ham, American, Swiss, Provolone, Tuna Salad, Breads, Rolls, Wraps and much more...</b>					
	BUFFALO CHICKEN SANDWICH	FAJITA BAR	BUFFALO CHICKEN WRAP	EAGLE BOWL	TURKEY & CHEESE QUESADILLA
<b>Bravo offers a weekly rotating selection of ethnic and popular foods, such as Mexican, Chinese, Italian, Soups and Chili's, Baked Potatoes, Noodle or Rice Bars, Salads and much more.....</b>					
	CHEESE PEPPERONI	BUFFALO CHICKEN PEPPERONI	WHITE PIZZA PEPPERONI	PEPPERONI CHEESE	STUFFED BREAD STICKS MARINARA SAUCE
	CRANBERRY PEAR DICED HAM	TROPICAL CHICKEN GARDEN SALAD	SPRING MIX STEAK SALAD	CRISPY CHICKEN TUNA FISH SALAD	SPICY ITALIAN ROMAINE
<b>Green Scene offerings may include: Salad Mix, Tomatoes, Cucumbers, Croutons, Cheese, Broccoli, Cauliflower, Chopped Eggs, Chickpeas, Peppers, Onions, Carrots, Beets, Diced Meat, Green Peas and Salad Dressings</b>					
	TOASTED CHEESE SANDWICH	HOT HAM & CHEESE ON A PRETZEL BUN	POPCORN CHICKEN WITH A ROLL	GRILLED TURKEY HOT DOG ON A BUN	OVEN BAKED FISH SANDWICH ON BUN
<b>J. Clark's Grille offerings may include: Hot Dog, Hamburgers, Cheese Burgers, Chicken Patty Sandwich, Grilled Chicken Sandwich, Chicken Fritters, Popcorn Chicken, Cheese Steak, Spicy Chicken Sandwich and much more...</b>					
	AMERICAN HOAGIE	TURKEY SANDWICH WITH HAM AND SWISS	FRESH HAM SALAD ON A PITA	ITALIAN WRAP	TURKEY & SWISS WRAP
<b>Up For Grabs features daily offerings such as: Salads, Wraps, Sandwiches and Hoagies, Parfaits, Fruits, Vegetables, Bottled Water, Sport Drinks, Juices, Bagged Snacks, etc.</b>					

**What is a School Meal?**

Choose at least 3 of 5 items from the following: Entrée, Choice of two fruits and/or Vegetables, choice of bread and choice of Milk.

**Milk Choices:**  
1% White, Low fat Chocolate, Strawberry and Non Fat Milk

**Vegetable Choices May Include:**  
Carrot & Celery Sticks, Broccoli, Cucumbers, Tossed Salad, Potato Salad, Cole Slaw, and much more....

**Fruit Choices May Include:**  
Apples, Oranges, Bananas, Peaches, Applesauce, Pineapple, Fruit Cocktail, Fruited Gelatin, Fruit Juice, and much more...





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	Monday 3/26	Tuesday 3/27	Wednesday 3/28	Thursday 3/29	Friday 3/30
	CHICKEN FAJITAS WITH CHEESE & LETTUCE OVEN BAKED FRIES STRAWBERRIES	PASTA WITH MEAT SAUCE & ROLL GARDEN SALAD PEACH SLICES	PULLED BBQ PORK SANDWICH STEAMED CORN CINNAMON APPLE SLICES	NACHOS GRANDE WITH CHEESE STEAMED MIXED VEGGIES MIXED FRUIT	FRENCH BREAD PIZZA STEAMED BROCCOLI MANDARIN ORANGE PIECES
	TURKEY CLUB SANDWICH	ITALIAN HOAGIE	CHICKEN SALAD	ROAST BEEF & SWISS	EGG SALAD CROISSANT
<b>Market St. Deli offerings may include: Daily Feature and Made to Order Sandwiches including: Turkey, Ham, American, Swiss, Provolone, Tuna Salad, Breads, Rolls, Wraps and much more...</b>					
	BUFFALO CHICKEN SANDWICH	TACO BAR	DOUBLE CHEESEBURGER	NACHOS GRANDE WITH CHEESE	CHICKEN CHEDDAR WRAP
<b>Bravo offers a weekly rotating selection of ethnic and popular foods, such as Mexican, Chinese, Italian, Soups and Chili's, Baked Potatoes, Noodle or Rice Bars, Salads and much more....</b>					
	CHEESE PEPPERONI	BUFFALO CHICKEN PEPPERONI	WHITE PIZZA PEPPERONI	CHEESE BBQ CHICKEN	STUFFED BREAD STICKS MARINARA SAUCE
	GREEK SALAD GRILLED CHICKEN	SPICY ITALIAN TOSSED SALAD	SPRING MIX STEAK SALAD	CRISPY CHICKEN TUNA FISH SALAD	ROMAINE CHICKEN SALAD
<b>Green Scene offerings may include: Salad Mix, Tomatoes, Cucumbers, Croutons, Cheese, Broccoli, Cauliflower, Chopped Eggs, Chickpeas, Peppers, Onions, Carrots, Beets, Diced Meat, Green Peas and Salad Dressings</b>					
	HAMBURGER ON A BUN	ITALIAN HOAGIE	CHICKEN PATTY ON A BUN	HAM & CHEESE WRAP	FISH & CHEESE SANDWICH
<b>J. Clark's Grille offerings may include: Hot Dog, Hamburgers, Cheese Burgers, Chicken Patty Sandwich, Grilled Chicken Sandwich, Chicken Fritters, Popcorn Chicken, Cheese Steak, Spicy Chicken Sandwich and much more...</b>					
	AMERICAN HOAGIE	TURKEY SANDWICH WITH HAM AND SWISS	HAM & SWISS ON A PITA	CHICKEN SALAD WRAP	TURKEY AND SWISS ON RYE
<b>Up For Grabs features daily offerings such as: Salads, Wraps, Sandwiches and Hoagies, Parfaits, Fruits, Vegetables, Bottled Water, Sport Drinks, Juices, Bagged Snacks, etc.</b>					

### What is a School Meal?

Choose at least 3 of 5 items from the following: Entrée, Choice of two fruits and/or Vegetables, choice of bread and choice of Milk.

**Milk Choices:**  
1% White, Low fat Chocolate, Strawberry and Non Fat Milk

**Vegetable Choices May Include:**  
Carrot & Celery Sticks, Broccoli, Cucumbers, Tossed Salad, Potato Salad, Cole Slaw, and much more....

**Fruit Choices May Include:**  
Apples, Oranges, Bananas, Peaches, Applesauce, Pineapple, Fruit Cocktail, Fruited Gelatin, Fruit Juice, and much more...

